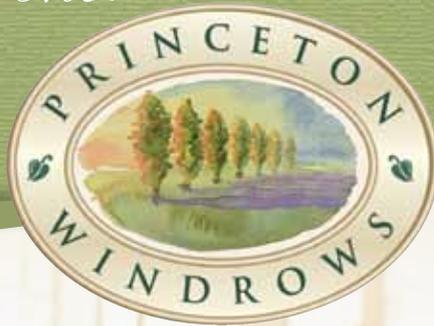


*You're in*  
**CONTROL**  
*at Princeton Windrows.*



*Real choices for your*  
**HEALTHCARE.**

*Now is your chance to learn more about how Princeton Windrows helps you preserve your financial independence and your freedom of choice in healthcare.*

*At Princeton Windrows, YOU control your healthcare choices.*

At Princeton Windrows, you'll discover not only the area's most prestigious independent lifestyle community. You'll also find the financial security of home ownership. Most important of all, you'll enjoy unmatched freedom of choice in your healthcare options.

*You'll enjoy flexible healthcare choices at Princeton Windrows.*

Staying healthy, staying with your spouse, and maintaining a full range of options for your healthcare all starts with our wealth of amenities. Instead of a rigid "continuum of care," you'll find the best of both worlds: we help you stay in your new home with a wide range of healthcare choices that allow you to choose the services that fit your health and lifestyle; and you enjoy the freedom to move if and when you need short- or long-term assistance.





*You'll enjoy world-class healthcare services just down the street.*

When you move to Princeton Windrows, you'll also be near some of the most outstanding healthcare professionals, organizations and facilities in the region, including the new University Medical Center of Princeton at Plainsboro, located just two miles from the community.

**Princeton HealthCare System (PHCS)**, a leading provider of healthcare services, includes University Medical Center at Princeton, which offers these advantages:

- University teaching hospital affiliate of the University of Medicine and Dentistry of New Jersey — Robert Wood Johnson Medical School
- Clinical research affiliate of The Cancer Institute of New Jersey
- State-designated Primary Stroke Center
- Emergency Department ranking among the top 10% nationwide in 2010 in patient likelihood to recommend
- State-of-the-art breast health services
- Five-star rating by Health Grades for overall joint replacement surgery for five consecutive years (2007-2011)
- Rated Top Hospital for patient safety by The Leapfrog Group (2008-2010)

## *Princeton Windrows In-House Services:*

Doctors and medical professionals hold regular hours at the **Wellness Center**, including:

- Registered Nurse (seven days a week)
- Internist, Physiatrist and Psychologist
- Audiologist and Podiatrist

A Registered Nurse is also available to visit residents in their homes as needed.

The community's Wellness Center offers a wide range of wellness services which can be tailored to meet your individual needs, including:

- Emergency Data "Vial of Life" Program
- Emergency 24-Hour Call Response System (in-home and on-premises)
- Blood pressure monitoring
- Treatments, injections and lab work (with your doctor's prescription)
- Medication delivery from local pharmacies

**Preventative and Wellness Programs** include:

- Tai Chi, Balance, Water Aerobics, Yoga, Strong Bones classes and much more
- Fitness Trainers and Massage Therapists
- Healthcare Education and Disease Prevention





*To learn more or to schedule  
a private tour, call us today  
at 800-708-7007 or visit  
[www.princetonwindrows.com](http://www.princetonwindrows.com)*

*You'll enjoy preferred relationships  
with many healthcare providers.*

Residents of Princeton Windrows also enjoy all the benefits of preferred relationships with select healthcare providers, providing priority access when you need additional services and support. Preferred provider relationships include **Buckingham Place Assisted Living Facility and Memory Care**, which offers a complimentary one month trial membership for daycare to Princeton Windrows residents who are caregivers of a spouse, **St. Lawrence Rehabilitation Hospital** in Lawrenceville, **Acorn Glen Assisted Living** and **Princeton Care Center** in Princeton, **The Pavilions at Forrestal**, located next door to Princeton

Windrows, and preferred relationships with many local home care agencies.

Another preferred provider and outstanding local facility is the new **Merwick Care and Rehabilitation Center**, a skilled nursing facility offering joint replacement rehabilitation, dialysis care and other post-hospitalization management services. Thanks to a special arrangement with Princeton Windrows, Merwick offers our residents preferred services, including daily regular transportation for visitors, daily newspapers, fresh flowers, and ongoing communication with our Wellness Director.



800-708-7007 • 2000 Windrow Drive, Princeton, New Jersey 08540

[www.princetonwindrows.com](http://www.princetonwindrows.com)

