



Daily Menu

☺ Soups ☺

Shrimp Bisque

A delightful Cream bisque embellished with Shrimp Stock, Shrimp meat and fresh herbs then kissed with Brandy

Vegetarian Vegetable

Fresh vegetables are simmered in a vegetarian base with tomatoes. GF

☺ Appetizers ☺

Crostini Napoletani

Fresh olive tapenade is nestled on roast garlic crostini then adorned with sliced plum tomato, fresh sliced mozzarella, extra virgin olive oil and fresh cracked black pepper

☺ Salads ☺

Windrows Salad

Fresh sliced pears, walnuts and goat cheese are laced with balsamic vinaigrette over mixed greens. GF

Iceberg Salad

Fresh grape tomatoes, onions and cucumbers are nestled on fresh chopped iceberg lettuce. GF

Salad Dressings

Lite Ranch, French, Italian, Caesar, Blue Cheese, Balsamic, Thousand Island and Honey Mustard. Fat Free Dressings are: Raspberry Vinaigrette, Ranch, Honey Mustard and Tomato Basil. GF

Fresh Figs, Toasted Pecans and Bleu Cheese

Fresh Figs are entwined with toasted Pecans, Bleu Cheese and Maui sweet onion nestled on a bed of spring mix then laced with a balsamic Vinaigrette. GF

☺ Beverages ☺

Hot Beverages

Coffee, Decaffeinated Coffee, Tea, Decaffeinated Tea, Spiced Teas, Herbal Teas, Hot Chocolate, Low Sugar Hot Chocolate

Cold Beverages

Soda, Ice Tea, Milk, 2 % Milk, Skim Milk, Chocolate Milk, Orange juice, Apple Juice, Cranberry Juice, Grape Juice, Pineapple Juice, V-8 Juice, Tomato Juice, Lemonade, Grapefruit Juice

Dinner Rolls

*Fresh Assorted Dinner Rolls or Italian Bread - Served with Butter or Olive Oil.
Since Dinner Rolls are assorted, we can not guarantee your request.*

☺ Princeton Windrow Meal Options ☺

🌸 Princeton Windrow's Meal Plan

**1st Course - You may choose one Soup or one Appetizer or one Salad;
2nd Course - one Main Entrée or the Half & Half Option; 3rd Course - one Dessert**

🌸 **Half & Half Option. Choose half portions of two entrées**

🌸 **Half Portion and Large Portion Option are available for all menu items**

☺ Main Entrées ☺

Grilled Filet Mignon

Fresh filet mignon is grilled then christened with a wonderful Porcini Madeira sauce. AGF

The Windrows' Crab Cake

Jumbo Lump and Claw meat from the ocean's side walkers are entwined with peppers, scallions and herbs. Broiled to perfection. Served with saffron herb remoulade or tartar sauce. AGF

Chicken Rosa

Tender Chicken Medallions are sautéed with artichokes, mushrooms and sun dried tomatoes in a basil garlic white wine sauce. AGF

Tomato, Basil and Mozzarella Ravioli

Fresh tomatoes, basil and mozzarella are enrobe in pasta and tossed with a light Rose sauce. Garnished with Chiffonade Basil.

Stuffed Pepper

Wonderfully fresh Red pepper is filled with grilled vegetables, tomatoes, beans and brown rice. GF

☺ Chef's Lighter Choice ☺

Crab Cake with Tomato Basil Vinaigrette

The famous Windrows' Crab cake is nestled on a bed of mixed greens then laced with a tomato basil vinaigrette. AGF

☺ Always Available ☺

Grilled Chicken Breast

Broiled Salmon

Chicken Pot Pie

Pasta Du Jour

Fried Chicken Tenders

Grilled Turkey Burger

Fruit and Cottage Cheese Platter

Salmon Burger

Roast Chicken

Please specify white or dark

Tri-Salad Platter

A medley of Tuna Salad, Seafood Salad and Chicken Salad over mixed greens. Served with Coleslaw and your choice of dressing on the side. GF

Grilled Chicken Breast Sandwich

Grilled Hamburger (with Cheese)

Chicken Caesar Salad

Chicken Salad Platter

Seafood Salad Platter

Grilled Garden Burger

Personal Cheese Pizza

Turkey Sandwich

Lobster Tail 6 to 7 oz Cold Water

\$8.00 additional meal charge

NEW Grilled Buffalo Burger

Eight ounces of ground lean buffalo meat. Cooked to order. A wonderful burger with less fat and cholesterol than beef. GF

Chicken Gravy Always Available

☺ Vegetables ☺

Fresh Carrot Slices

Sautéed Swiss Chard

Fresh Asparagus

Roast Butternut Squash

Vegetables Options: Plain, Dry, Hollandaise Sauce, Cheese Sauce, Garlic Butter or Lemon Butter

☺ Accompaniments ☺

White Rice

Baked Sweet Potato

Mashed Potatoes

Cole Slaw

French Fries

Brown Rice

Baked Potato

Potato Salad

Apple Sauce

Side of Pasta Du Jour

☺ Special Desserts ☺

Strawberry Shortcake

Napoleon Torte

Strawberry Mousse Cake

Low Sugar

Fresh Berry Medley

With Whipped Cream

☺ Desserts ☺

Assorted Cookies and Biscotti

Fresh Fruit Cup

Pound Cake

Gelatin & LS Gelatin

Ice Cream, Yogurt, LS Ice Cream

AGF - Available Gluten Free

GF - Gluten Free