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**Dinner Menu**

**Tuesday, July 15, 2025**

**First Course**

**Your Choice of Soup or Salad**

**Soup**

Shrimp Creole **GF**

Tomato, Vegetable and Chickpea ****

Low Sodium Chilled Sweet Potato and Cider **GF **

**Salads**

Chopped Iceberg, Cherry Tomatoes, Hard Boiled Egg

 English Cucumbers and Fried Onions, with Ranch Dressing

**Caprese Salad**

Thick Cut Beefsteak Tomato, Fresh Mozzarella, Balsamic Glaze

Capers with Fresh Basil Pesto

Caesar Salad, Crispy Croutons and Anchovies

**Creamy Italian - Bleu Cheese - Balsamic Vinaigrette - Honey Mustard**

**Thousand Island - FF Italian - Raspberry Dressing - French Dressing**

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**Entrées**

**Balsamic-Maple Glazed Pork Chops**

Herb Marinated Oven Baked Premium Reserve Pork Chop

 Drizzled with a Balsamic and Maple Glaze **GF**

**North Atlantic Salmon Fillet**

Broiled, Grilled, Poached or Blackened

Light Lemon Beurre Blanc **GF or** Teriyaki Glaze

**Chicken Cacciatore**

Slow Braised Bone-in Chicken, Peppers, Onions, Garlic, Oregano

 Basil, White Wine, and Plum Tomatoes **GF Choice of White or Dark Meat**

**Vegetarian Paella**

Roasted Zucchini, Yellow Squash, Mushrooms, Tomatoes, Garlic

 Green Peas, and Peppers, Seasoned with Paprika and

 Served atop Saffron Rice and Garnish with Smashed Avocado **GF** 

**Entrees Available with No Added Salt, No Seasonings, Sauce on the Side or Small Portions**

**Vegan Entrees Can Request White Beans, Chickpeas, Green Peas, or Edamame for added Protein**

**Sides- Choice of Two**

Green Bean Almondine – Roasted Butternut Squash - Carrots

 Brown Rice - Pasta Marinara - Cole Slaw - Potato Salad - Side Salad Applesauce - Mashed Sweet Potato – Baked Potato

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**Princeton Windrows Salads**

**Classic Caesar Salad**

Choice of Grilled Chicken, Poached or Grilled Salmon, Romaine

Grated Parmesan Cheese, Croutons and House Caesar Dressing

**Grilled Chicken Cobb Salad**

Spring Mix Lettuce with Tomato, Hard Boiled Egg, Cucumber

Crumbled Blue Cheese, Avocado, Bacon, Side of Balsamic Dressing

 **Windrows Classics**

#### Broiled or Blackened Salmon GF

Roast Half Chicken **GF**

Grilled Kobe Beef Burger Lettuce, Tomato Choice of Cheese **(Available GF)**

 Edamame Dumpling with Brown Rice and Julienne Vegetable ****

 Crispy Falafel over Julienne Vegetables and Marinara **** **GF**

Blackened or Grilled Chicken Breast **GF**

 Fried Jumbo Shrimp with Cocktail Sauce and Lemon

Chicken Pot Pie

Honey Dipped Fried Chicken

Warm Steamed Shrimp Cocktail with Lemon **GF**

**Love People, Cook Them Good Food**