THE DAILY GRID

Daily Activities at Princeton Windrows

April 2024 Highlights

PLAN AHEAD

1 HOUR PICKLEBALL LESSONS: Saturday May 4th at 10:00am. Spring is around the corner, and it will soon be time for Pickleball! Come find out why Pickleball is America's fastest growing sport. We will be offering free lessons for up to 15 new players. Equipment is supplied and players must wear court shoes, not running shoes or slip-ons for safety.
Please sign-up in the Red Binder at the Front Desk if you are interested in learning more! Questions? Please contact Edie Ziegler at 609-454-5675. Pickleball will be held Fridays at 2:00pm for outdoor play on our courts.

PHILADEPHIA CITY HALL TOUR: Thursday, April 4th from 10:00am-2:30pm. Please sign up with a check for $23. at the Front Desk.
"Philadelphia's City Hall once stood as the tallest building in the world and continues to serve as the largest municipal building in the world. Decorated with only three hundred sculptures by famed artist Alexander Milne Calder, it stands as a monument to the Second Empire style of the turn of the century. Join Philadelphia guide Mitchell Kramer, bfranklin.org on a visit to this iconic building and learn its history and how it continues to serve as offices, courts, and a prison for the city of Philadelphia." Following our tour, we will go to the Reading Terminal Market for lunch; a famous indoor farmer's market offering diverse fare, housewares & area specialties since 1893.

MUSIC WITH LEO: Friday, April 5th from 4:00pm-5:00pm in the Living Room.
Join us for music and cocktails before dinner. "You will hear the music of the Roaring Twenties, the New Deal, World War 2, the Age of Rock-n-Roll, the 1950's and beyond. But you will also hear familiar music from American movies, television series, and, especially the music of some of the most endearing British shows, like " Foyle's War" and " All Creatures, Great and Small ", perhaps even some soundtracks from Italian movies!

BOCCE BEGINS AT WINDROWS! On Sunday, April 7th from 4:00pm- 5:00pm in the Living Room there will be a group gathering. This will be a time to learn about Bocce at Windrows, and a time for residents who are new to the game, to learn if Bocce is right for you. This meeting will also be a time for the 40+ residents who played last year to hear our 2024 plans. All are encouraged to attend on April 7th. All questions will be answered. Our first non-competitive court session will be on Saturday, April 13th beginning at 9:30am. The gathering will be a time to sign up for our 4 against 4 team tournaments to begin in early May.

WEDNESDAYS AT WINDROWS: Wednesday, April 10th from 3:00pm-4:00pm in the Marks Gallery. Benyamin Cohen presents, "The Einstein Effect: How the world's favorite genius got into our cars, our bathrooms, and our minds". Benyamin Cohen manages the official social media accounts for Albert Einstein, where the world's favorite genius has more than 20 million fans (more than most living celebrities). In his new book, "The Einstein Effect," Benyamin embarked on a funny and fascinating global quest to unearth Einstein's ongoing relevance today.

LIBRARY DISPLAY TALK: Thursday, April 11th from 10:00am-11:00am in the Library Reading Room. Join us for a Library Display Talk "Woodwork from a Lathe" by Ed Johnston. The objects on display are among over 50 that were produced in the workshop of a senior citizen's community during the decade of 2010. Woods used were generally walnut, pine, maple, oak, cherry, ash. Objects turned on a wood lathe are either from whole pieces of wood, glued together pieces of the same type of wood or from glued together pieces of different wood varieties. Finishes are food grade mineral oils & natural waxes like bee's wax.

ALSO ON DISPLAY: The History of Bocce by Maxine Jacqmin & Linda Amagasu. First documented in a 5200 BC Egyptian tomb painting, eventually the Romans developed Bocce in its present form. (Bocce is from Italian meaning "bowl" in the sporting sense.) The circa 1930's Bocce balls in this cabinet are made of a very hard wood called lignum vitae, considered three times the hardness of English oak, and inset with bone and mother of pearl.

SPECIAL PERFORMANCE: Friday, April 12th from 4:00pm-5:00pm in the Living Room. Westminster Choir College student Art Song Recital. Eleanor Rees, a senior voice performance major at Westminster Choir College, along with Martin Neron, pianist, will perform songs by Bellini, Brahms, Schubert, and other composers, as well as an aria from "The Marriage of Figaro" by Mozart.

INTERACT THEATER COMPLANY: Saturday, April 13th from 12:00pm-5:30pm. Please sign up at the Front Desk. Please sign up for tickets with a check for $25. by Thursday, April 4th at 5:00pm. "The Last Yiddish Speaker" World premiere. In the years following a successful January 6th insurrection, a white supremacist regime has come into power. Paul and his teenage daughter, Sarah, live under the radar in a small town upstate as Christian-passing, despite being Jews who fled New York City. When an ancient Yiddish-speaking woman arrives on their doorstep, Paul and Sarah are forced to decide between fleeing again or fighting for their faith, their heritage, and their identity.

SUNDAY MUSICALE: The opera for Sunday, April 14th at 6:00pm in the Gallery will be George Bizet's "Carmen" with Julia Migenes-Johnson as Carmen, Placido Domingo as Don Jose and Ruggero Raimondi as the toreador Escamillo. This classic story of an innocent being led astray to their doom is ancient but, nevertheless, one never tires of it. Besides, there is always Bizet's music.

WEDNESDAY AT WINDROWS: Wednesday, April 17th from 3:00pm-4:00pm in the Marks Gallery. Reverand Bill Phillippe presents, "Early Roots of Christian Adversity." Many people are unaware that the Christian church was one organization until 1092 AD when the "Great Schism" occurred separating the East, called the Orthodox Church, from the West called the Roman Catholic Church. A separation that is still very much observed. This started long before in the Middle Ages. The discussion will trace the main activities from the time of Constantine, through the time of the crusades. The Roman Emperor Charlemagne was crowned Emperor of the Holy Roman Empire by the Pope Leo III in 800 AD. Thus, restoring the Western part of the Christian Church.

TEN CRUCIAL DAYS BUS TOUR: Thursday, April 18th from 10:00am-3:30pm. Please sign up at the Front Desk. Our bus tour, led by Roger S. Williams, State Historian for the New Jersey Society, Sons of the American Revolution" will retrace the "... times that tried men's souls" from the 25 December 1776 crossing of the Delaware through to the Battle of Princeton, 3 January 1777. You will learn about the military engagements between the remaining rag-tag elements of George Washington's army against Hessian and British troops at Trenton, Princeton, and areas in between. Please sign up at the Front Desk with a check for $54 and **COMPLETE A BOX LUNCH ORDER FORM BY 4/15.** Seating will be limited.

TED TALK: Thursday April 18th from 3:00pm-4:00pm at Zoom and Barnhart Room. The world's blue zones are rare global hotspots where celebrating your 100th birthday is common. Dan Buettner with National Geographic found five unique communities where people live extraordinarily long and vibrant lives. *"The Blue Zones Secrets for Living Longer: Lessons from the Healthiest Places on Earth"*. The book delves into the shared characteristics among these diverse populations as well as the secrets to a satisfying and enduring existence thought to be due to the dietary practices and the daily routines common in these communities. Please contact Dennis Drew or Mike Lennick for a Zoom link.

THE WINDROWS MOVIE CLUB: Sunday, April 21, 3:00 PM in the Marks Gallery. The movie offering for April will leave you questioning! Is there another way to explain what you are seeing and hearing? Who is telling the truth? The word that describes your dilemma is the title of our movie, **DOUBT.** Become involved with Meryl Streep, Viola Davis and Phillip Sidney Hoffman, a mother, a charismatic priest, and an iron gloved principal, who lock horns over the issue of what is appropriate or inappropriate attention offered by caring individuals toward the only black child in a school. Richard Kaye will facilitate what promises to be a lively discussion. And of course there will be popcorn! Please sign up at the Front Desk.

PRINCETON SYMPHONY ORCHESTRA CHAMBER CONCERT: Monday, April 22nd from 4:00pm-5:00pm in the Living Room. "Puget Sound Piano". The Puget Sound Piano Trio, based in Washington state, features violinist Maria Sampen, cellist Alistair MacRae (principal cellist of the Princeton Symphony Orchestra), and pianist Ronaldo Rolim. The trio brings a program of favorite piano trio selections anchored by Mendelssohn's exciting Trio No. 2 in C Minor and also including interesting and flavorful works by Latin American composers.

WEDNESDAYS AT WINDROWS: Wednesday, April 24th from 3:00pm-4:00pm in the Marks Gallery "Commission for the Blind & Low Vision". A representative from The Commission for the Blind and Visually Impaired that specializes in Independent Living Communities will be here to talk about their services including services to help with daily skills, eye health and adjusting to vision loss. This will be a helpful introduction for all people to attend whether you or a family member deals with vision issues now or in the future.

LAUGHTER WITH LENORE: Thursday, April 25th from 5:00pm-5:15pm in the Living Room. Lenore's wish is to bring happiness & well-being to all our Windrows residents. Join friends and neighbors to enjoy her humor and
Sangria before dinner.

WINDROWS PASSOVER SEDER: Windrows residents will celebrate Passover Seder on Thursday, April 25th in the Nassau Dining Room.
The dining room will open at 5:00 p.m. and the ceremony will commence at 5:30 p.m. Seating will be first come, first served for ticketed participants. Please note that regular meal service, including traditional Seder food, will be available in the Princeton Room. The seating is full, please contact Richard Kaye at kayerak@verizon.net if you have any questions.

BRUCE JEFFRIES-FOX VARIETY SHOW: Friday, April 26th from 2:00pm-3:00pm in the Living Room. Come one, come all to the annual Windrows Springtime Variety show! Bruce Jeffries-Fox and several of our highly talented fellow residents will help us greet the new season with laughter, music and even a little magic. The roster of performers is shaping up nicely, so mark your calendars. You won't want to miss this "Rite of Spring".

NEW FRIENDS & ALL WINDROWS RESIDENTS: Please join us the second Monday of each month, in the Living Room between 5:00pm-6:00pm beginning this month for an informal gathering. Those of us who have been here for a while would love to have a chance to chat with you who are newer and gain a better acquaintance. Come for as short or long a time as you would like or come even to just say hello. It's an informal opportunity to meet your neighbor.

WEEKLY MEDITATION: Join the group and meet on Zoom every Monday evening at 7:00pm in the new year to unwind, relax, and find relief from pain, worry, and all that weighs on the mind. The group listens to three to four meditations guided by renowned Western teachers of Insight Meditation in the comfort of our own homes. No difficult positions or seeking profound insights into the nature of the universe is necessary. Beginners and newcomers are welcome. If interested, please contact Nina Mishkin for more information and/or to be put on the list for the link.

ONLINE MESSAGE BOARD: Do you know Princeton Windrows has an Online Message Board for residents? It can be used for ride shares, listing items for sale or donation, personal messages etc. Simply go to the Windrows website, go to the Resident Login, and click on MESSAGE BOARD. Questions? Please contact Phyllis Freed or Evelyn Delaney. Information will also be in the Mail Room.

WEEKLY MEDITATION: Join the group and meet on Zoom every Monday evening at 7:00pm in the new year to unwind, relax, and find relief from pain, worry, and all that weighs on the mind. The group listens to three to four meditations guided by renowned Western teachers of Insight Meditation in the comfort of our own homes. No difficult positions or seeking profound insights into the nature of the universe is necessary. Beginners and newcomers are welcome. If interested, please contact Nina Mishkin for more information and/or to be put on the list for the link.

PING PONG: Are you looking for an indoor activity and an opportunity to socialize with friends and neighbors for the cooler months? Enjoy this game with origins steeped in tradition and devised by British Army officers. Come to the Yoga Room each Sunday at 11:00am in the Yoga Room. Ping pong is available from Friday nights to Sunday nights for anyone wanting to play.

EXPLORING SACRED WRITINGS: Tuesdays 4:00 to 5:00 PM in the Barnhart Room. Every culture develops an ethics code expressed in writings to explain its values and validity. These are given as a list or a larger message in a special narrative. Such important instructions for life are special, regarded as inspired, and grow to the status of holy, even sacred. At our meetings, after a chosen theme video, there is a lively discussion. Group members then share their perspective on what they watched. We also want to reach out to a broader band of revealed and revered thought: to truly Explore Sacred Writings. Come join us and contribute something that never crossed our minds!

2023-2024 OFF-CAMPUS PERFORMANCE TRANSPORTATION:
Please note that Off-Campus performance schedules and ticket purchase information will be posted in the Mail Room as they become available. Performance venues include Princeton Symphony Orchestra, Princeton University Concerts, George Street Playhouse, Philadelphia Orchestra, and Metropolitan Opera Live in HD at the Regal Cinema. Residents are asked to purchase their own tickets and sign-up for transportation in advance in the red binder at the Front Desk. **When purchasing tickets, please inquire about seating for the handicapped if needed. PLEASE NOTE that there is a $17. Transportation fee, $20. fee for Philadelphia and that a minimum of 10 sign-ups are required for all trips. Last-minute cancellations without replacements will be charged.*

Channel 1978

April 2024 TV Guide

- **4/1-5: 2024 Board Meeting & Election**
  Rebroadcast from March 21st, 2024
- **4/8-12: The Incredible Incan Empire**
  with Robert "Bob" Fisher – February 2024
- **4/15-19: The Vatican (w/Karlfried Froehlich)**
  February 2022 Zoom Lecture
- **4/22-26: The Cartographic Journey of the Garden State**
  with John Delaney – January 2024
- **4/29-5/3: Bruce Jeffries-Fox's Leap Day Cabaret**
  February 29th, 2024 Concert
- **Every Weekend: Best Ways to Get Up from a Fall**
  presented by Princeton Windrows' Wellness Center

Tune in WEEKDAYS at 8pm
and WEEKENDS at 2pm!

The Daily Grid

Princeton Windrows Upcoming Events

April 2024

Monday	4/1	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	4/1	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	4/1	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/1	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	4/1	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	4/1	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	4/1	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	4/1	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom
Tuesday	4/2	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/2	Shopping- Lawrenceville Wegman's-ShopRite-Trader Joes- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/2	Jewelry Doctor	11:00 AM	12:30 PM	Sherry Wagner Room
	4/2	**Welcome Committee Meeting**	11:30 AM	12:30 PM	Marks Gallery
	4/2	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	4/2	**Landscaping Committee Meeting**	2:00 PM	3:00 PM	Barnhart Room
	4/2	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	4/2	Art Group	2:30 PM	3:30 PM	Art Room
	4/2	Exploring Sacred Writings: "Tao Te Ching (Daodejing)"	4:00 PM	5:00 PM	Barnhart Room

Please note that all the daily events are posted at the Main Lobby and Terrace Level screens

The Daily Grid

Princeton Windrows Upcoming Events

April 2024

Wednesday	4/3	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	4/3	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	4/3	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	4/3	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	4/3	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/3	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/3	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/3	Wednesday at Windrows *Cancelled*	3:00 PM	4:00 PM	Marks Gallery
Thursday	4/4	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/4	Trip: Philadelphia City Hall Tour - sign up at Front Desk or Online	10:00 AM	2:30 PM	Bus Main Lobby
	4/4	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	4/4	**Technology Committee Meeting**	3:00 PM	4:00 PM	Barnhart Room
Friday	4/5	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	4/5	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/5	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	4/5	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	4/5	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	4/5	Music with Leo van den Blink	2:00 PM	3:00 PM	Living Room
	4/5	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	4/5	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room

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Princeton Windrows Upcoming Events

April 2024

Saturday	4/6	Pool Hours	6:00 AM	10:00 PM	Pool
	4/6	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/6	Mexican Dominos	7:30 PM		Poker Room
Sunday	4/7	Pool Hours	6:00 AM	10:00 PM	Pool
	4/7	Ping Pong	11:00 AM		Yoga Room
	4/7	Holy Eucharist	12:00 PM	12:30 PM	Sherry Wagner Room
	4/7	Embroidery Group- contact Carol Goodheart	1:00 PM	4:00 PM	Art Room
	4/7	Reserved- Freeberg	2:00 PM	4:00 PM	Sherry Wagner Room
	4/7	Bocce Gathering	4:00 PM	5:00 PM	Living Room
Monday	4/8	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	4/8	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	4/8	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/8	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	4/8	Great Decisions-contact Richard Kaye	1:00 PM	3:00 PM	Marks Gallery
	4/8	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	4/8	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	4/8	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	4/8	**Marketing Committee Meeting**	3:00 PM	4:00 PM	Zoom
	4/8	Impromptu Meeting New & Old Residents	5:00 PM	6:00 PM	Living Room
	4/8	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom

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Princeton Windrows Upcoming Events

April 2024

Tuesday	4/9	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/9	Shopping- Lawrenceville Wegman's-ShopRite-Whole Foods- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/9	**Buildings & Roads Committee Meeting**	11:00 AM	12:00 PM	Marks Gallery
	4/9	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	4/9	**Culinary Committee Meeting**	2:00 PM	3:00 PM	Barnhart Room
	4/9	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	4/9	Art Group	2:30 PM	3:30 PM	Art Room
	4/9	Exploring Sacred Writings: "Roots of Religious Experience"	4:00 PM	5:00 PM	Barnhart Room
Wednesday	4/10	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	4/10	Tai Chi Class *Cancelled*	9:30 AM	10:30 AM	Marks Gallery
	4/10	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	4/10	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	4/10	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/10	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/10	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/10	Wednesday at Windrows: "The Einstein Effect"	3:00 PM	4:00 PM	Marks Gallery
Thursday	4/11	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/11	Library Talk: "Woodwork from a Lathe" by Ed Johnston	10:00 AM	11:00 AM	Living Room
	4/11	Trip: Papermill Playhouse *Trip Full*	12:00 PM	5:30 PM	Bus
	4/11	Embroidery Stitch-in: Reserved Goodheart	1:00 PM	2:30 PM	Art Room
	4/11	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room

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Princeton Windrows Upcoming Events

April 2024

Friday	4/12	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/12	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	4/12	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/12	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	4/12	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	4/12	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	4/12	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	4/12	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	4/12	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery
	4/12	Special Performance: Westminster Choir College	4:00 PM	5:00 PM	Living Room
Saturday	4/13	Pool Hours	6:00 AM	10:00 PM	Pool
	4/13	Bocce	9:30 AM	11:00 AM	Bocce Court
	4/13	Trip: InterAct Theater Company- please sign up at Front Desk or Online	12:30 PM	5:30 PM	Bus
	4/13	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/13	Mexican Dominos	7:30 PM		Poker Room
Sunday	4/14	Pool Hours	6:00 AM	10:00 PM	Pool
	4/14	Art Studio Available	9:00 AM	9:00 PM	Art Room
	4/14	Ping Pong	11:00 AM		Yoga Room
	4/14	Reserved- Freeberg	2:00 PM	4:00 PM	Sherry Wagner Room
	4/14	Sunday Musicale: George Bizet's "Carmen"	6:00 PM	9:00 PM	Marks Gallery

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Princeton Windrows Upcoming Events

April 2024

Monday	4/15	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	4/15	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/15	Book Group- contact Barbara Greenstein	10:00 AM	11:00 AM	Barnhart Room
	4/15	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	4/15	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	4/15	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	4/15	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	4/15	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom
Tuesday	4/16	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/16	Shopping- Lawrenceville Wegman's-ShopRite-Trader Joes- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/16	**Programs & Activities Committee Meeting**	10:30 AM	11:30 AM	Barnhart
	4/16	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	4/16	Great Books Discussion Group	1:00 PM	2:00 PM	Barnhart Room
	4/16	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	4/16	Art Group	2:30 PM	3:30 PM	Art Room
	4/16	Exploring Sacred Writings: "Neanderthal Burials at Shandahar"	4:00 PM	5:00 PM	Barnhart Room

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Wednesday	4/17	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	4/17	Tai Chi Class *Cancelled*	9:30 AM	10:30 AM	Marks Gallery
	4/17	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	4/17	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	4/17	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/17	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/17	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/17	Wednesday at Windrows: "Early Roots of Christian Adversity"	3:00 PM	4:00 PM	Marks Gallery
Thursday	4/18	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/18	Trip: "Ten Crucial Days" sign up at Front Desk or Online	10:00 AM	3:00 PM	Bus
	4/18	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	4/18	TED Talks: "Blue Zones" contact Dennis Drew	3:00 PM	4:00 PM	Zoom & Barnhart
Friday	4/19	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/19	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	4/19	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/19	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	4/19	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	4/19	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	4/19	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	4/19	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	4/19	Windrows Warblers Chorus Rehearsal	3:45 PM	4:45 PM	Marks Gallery

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Princeton Windrows Upcoming Events

April 2024

Saturday	4/20	Pool Hours	6:00 AM	10:00 PM	Pool
	4/20	Bocce	9:30 AM	11:00 AM	Bocce Court
	4/20	Trip: Regal Cinema Met Opera- sign up at Front Desk or Online	12:30 PM	5:00 PM	Bus
	4/20	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/20	Mexican Dominos	7:30 PM		Poker Room
Sunday	4/21	Pool Hours	6:00 AM	10:00 PM	Pool
	4/21	Art Studio Available	9:00 AM	9:00 PM	Art Room
	4/21	Ping Pong	11:00 AM		Yoga Room
	4/21	Holy Eucharist	12:00 PM	12:30 PM	Sherry Wagner Room
	4/21	Reserved- Freeberg	2:00 PM	4:00 PM	Sherry Wagner Room
	4/21	Movie & Discussion: "Doubt"	3:00 PM	5:00 PM	Marks Gallery
Monday	4/22	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	4/22	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	4/22	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/22	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	4/22	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	4/22	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	4/22	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	4/22	Princeton Symphony Chamber Concert "Puget Sound Piano"	4:00 PM	5:00 PM	Living Room
	4/22	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom

Please note that all the daily events are posted at the Main Lobby and Terrace Level screens

The Daily Grid

Princeton Windrows Upcoming Events

April 2024

Tuesday	4/23	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/23	Shopping- Lawrenceville Wegman's-ShopRite-Whole Foods- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/23	**Wellness Committee Meeting**	11:00 AM	12:00 PM	Barnhart Room
	4/23	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	4/23	**Library Committee Meeting**	2:00 PM	3:00 PM	Barnhart Room
	4/23	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	4/23	Art Group	2:30 PM	3:30 PM	Art Room
	4/23	Exploring Sacred Writings: "Hunting Magic in Sacred Caves"	4:00 PM	5:00 PM	Barnhart Room
Wednesday	4/24	Fitness Center with Coach Trish	9:30 AM	12:30 PM	Fitness Center
	4/24	Tai Chi Class	9:30 AM	10:30 AM	Marks Gallery
	4/24	Transportation: Old Guard & Palmer Square Princeton	9:45 AM	12:00 PM	Bus
	4/24	Memoir Writing Workshop with Connie Escher	10:00 AM	11:00 AM	Barnhart Room
	4/24	Shopping Trip- Montgomery Shoprite, sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/24	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/24	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/24	Wednesday at Windrows: "Commission for the Blind & Low Vision"	3:00 PM	4:00 PM	Marks Gallery
Thursday	4/25	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/25	Trip: Philadelphia City Hall Tour - RAIN DATE	10:00 AM	2:30 PM	Bus Main Lobby
	4/25	Reserved- Lambek	2:00 PM	4:00 PM	Sherry Wagner Room
	4/25	Laughter with Lenore	5:00 PM		Living Room
	4/25	Community Passover Seder	5:30 PM		Nassau Dining Room

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The Daily Grid

Princeton Windrows Upcoming Events

April 2024

Friday	4/26	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/26	Beginning Drawing Class 1	10:00 AM	11:30 AM	Art Room
	4/26	Pool Exercises with Anu	11:00 AM	12:00 PM	Pool
	4/26	Shopping- Montgomery ShopRite- sign up at Front Desk	11:00 AM	12:30 PM	Bus
	4/26	Women's College Book Group- contact Janet Reiche	11:00 AM	12:00 PM	Barnhart Room
	4/26	Beginning Drawing Class 2	1:00 PM	2:00 PM	Art Room
	4/26	Shopping- Plainsboro CVS-Post Office-Dollar Store, sign up at Front Desk	1:30 PM	3:00 PM	Bus
	4/26	**Gray Gardens Committee Meeting**	2:00 PM	3:00 PM	Marks Gallery
	4/26	Pickle Ball	2:00 PM	3:00 PM	Pickle Ball Court
	4/26	Reserved- Woody	2:00 PM	4:00 PM	Sherry Wagner Room
	4/26	Bruce Jeffries-Fox Variety Show	3:00 PM	4:00 PM	Living Room
Saturday	4/27	Pool Hours	6:00 AM	10:00 PM	Pool
	4/27	Bocce	9:30 AM	11:00 AM	Bocce Court
	4/27	Reserved- Riley	1:00 PM	3:00 PM	Sherry Wagner Room
	4/27	Mexican Dominos	7:30 PM		Poker Room
Sunday	4/28	Pool Hours	6:00 AM	10:00 PM	Pool
	4/28	Art Studio Available	9:00 AM	9:00 PM	Art Room
	4/28	Ping Pong	11:00 AM		Yoga Room
	4/28	Reserved- Freeberg	2:00 PM	4:00 PM	Sherry Wagner Room

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The Daily Grid

Princeton Windrows Upcoming Events

April 2024

Monday	4/29	Duplicate Bridge	9:30 AM	12:00 PM	Pub
	4/29	Reserved- Women's College Club of Princeton History Project	9:30 AM	11:30 AM	Barnhart Room
	4/29	Yoga with Ed	9:30 AM	10:30 AM	Yoga Room
	4/29	Dance for Life	11:00 AM	12:00 PM	Marks Gallery
	4/29	Rosary Group- contact Marion Mezzetti	1:00 PM	1:30 PM	Sherry Wagner Room
	4/29	Water Zumba with Anu	1:00 PM	2:00 PM	Pool
	4/29	**Finance Committee Meeting**	2:00 PM	3:00 PM	Marks Gallery
	4/29	Reserved- Macdonald	2:00 PM	4:00 PM	Sherry Wagner Room
	4/29	Meditation with Nina Mishkin	7:00 PM	8:00 PM	Zoom
Tuesday	4/30	Strength & Balance with Ed	9:30 AM	10:30 AM	Marks Gallery
	4/30	Shopping- Lawrenceville Wegman's-ShopRite-Trader Joes- sign up at Front Desk	10:00 AM	11:30 AM	Bus
	4/30	Shopping- Princeton McCaffrey's- sign up at Front Desk	12:30 PM	1:45 PM	Bus
	4/30	Reserved- Crane	2:00 PM	4:00 PM	Sherry Wagner Room
	4/30	Art Group	2:30 PM	3:30 PM	Art Room
	4/30	Exploring Sacred Writings: "Myths of the Shaman"	4:00 PM	5:00 PM	Barnhart Room

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