

Princeton Windrows Upcoming Events

January 2021

Please note that all daily events are posted at the Front Desk

Friday New Year's Day	1	Happy New Year 2021			
Saturday	2				
Sunday	3				
Monday	4	Mat Yoga - Cancelled	9:30 am	10:30 am	Marks Gallery
		Windrows Stitching Group (This activity is Full Please Contact Nancy for Openings)	10:00 am	11:00 am	Art Room
		Pool Exercises With Andy Prindl	10:00 am		Pool
		"The Great American Songbook William Bauer Monday Mornings	11:00 am	11:45 am	Zoom
Tuesday	5	Chair Exercises With Ed - CANCELLED	9:30 am	10:30 am	Marks Gallery
		Shopping Trips			
		Lawrenceville: Wegman's, ShopRite and Wholefoods	10:00 am	11:30 am	Bus
		Princeton Shopping Center: McCaffrey's	12:30 pm	1:45 pm	Bus
		Jewelry Doctor	11:00 am	12:30 pm	Dolley Madison Room
Wednesday	6	Tai Chi Class	9:30 am	10:30 am	Marks Gallery
		Meditation (Please Contact Nina Mishkin)	1:30 pm		
		Zoom Wednesday at Windrows: Resident Bruce Jeffries-Fox Presents "Operation High Jump"	3:00 pm	4:00 pm	Zoom
Thursday	7	Mat Yoga - Cancelled	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
		Dr. Mary Kwacz, VMD of Mobile Vet MD will be onsite by appointment. Please call her office directly to schedule an appointment for your pet at: 732-387-7977			

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Friday	8	Chair Exercises With Ed - CANCELLED	9:30 am	10:30 am	Marks Gallery
		Forum (Contact Robert Ashbaugh for Zoom Link)	10:00 am	12:00 pm	Zoom
		Shopping Trips:			
		Montgomery: ShopRite	11:00 am	12:30 pm	Bus
		Transportation to CVS, Post Office and Dollar Store in Plainsboro (Please Sign-up With Your Destination at Front Desk)	1:30 pm	3:00 pm	Bus
Committee Meeting		Special Meeting of the Finance Committee	2:00 pm	3:00 pm	Zoom
Saturday	9				
Sunday	10				
Monday	11	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
		"The Great American Songbook with William Bauer Monday Mornings	11:00 am	11:45 am	Zoom
		Great Decisions	1:30 pm	3:00 pm	Zoom
		Marketing Committee	3:00 pm		Zoom
Committee Meeting					
Tuesday	12	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
		Buildings and Roads Committee	10:00 am		Zoom
		Shopping Trips			
		Lawrenceville: Wegman's, ShopRite and Trader Joe's	10:00 am	11:30 am	Bus
		Princeton Shopping Center: McCaffrey's	12:30 pm	1:45 pm	Bus
		Windrows Stitching Group (This activity is Full Please Contact Nancy for Openings)	2:00 pm	3:00 pm	Art Room
		Culinary Committee	2:00 pm		Zoom
Committee Meeting					

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Wednesday	13	Tai Chi Class	9:30 am	10:30 am	Marks Gallery
		Meditation (Please Contact Nina Mishkin)	1:30 pm		
		Zoom Wednesday at Windrows: Resident Martin Rome Presents "The Greatest Invention of the Twentieth Century"	3:00 pm	4:00 pm	Zoom
Thursday	14	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
Friday	15	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
		Forum (Contact Robert Ashbaugh for Zoom Link)	10:00 am	12:00 pm	Zoom
		Shopping Trips:			
		Montgomery: ShopRite	11:00 am	12:30 pm	Bus
		Transportation to CVS, Post Office and Dollar Store in Plainsboro (Please Sign-up With Your Destination at Front Desk)	1:30 pm	3:00 pm	Bus
Saturday	16				
Sunday	17				
Monday	18	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Windrows Book Group	10:00 am	11:00 am	Zoom
		Windrows Stitching Group (This activity is Full Please Contact Nancy for Openings)	10:00 am	11:00 am	Art Room
		Pool Exercises With Andy Prindl	10:00 am		Pool
		New	Windrows Science Discussion Group	1:30 pm	3:00 pm

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Tuesday Committee Meeting	19	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
		Programs and Activities Committee	10:30 am	11:30 am	Zoom
		Shopping Trips			
		Lawrenceville: Wegman's, ShopRite and Wholefoods	10:00 am	11:30 am	Bus
		Princeton Shopping Center: McCaffrey's	12:30 pm	1:45 pm	Bus
		Great Books Discussion Group	1:00 pm	2:00 pm	Zoom
Wednesday	20	Tai Chi Class	9:30 am	10:30 am	Marks Gallery
		Meditation (Please Contact Nina Mishkin)	1:30 pm		
Thursday	21	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
		Zoom TED Talks: How to End Stress with Preetha Ji	2:00 pm	3:00 pm	Zoom
Friday	22	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
		Forum (Contact Robert Ashbaugh for Zoom Link)	10:00 am	12:00 pm	Zoom
		Shopping Trips:			
		Montgomery: ShopRite	11:00 am	12:30 pm	Bus
		Transportation to CVS, Post Office and Dollar Store in Plainsboro (Please Sign-up With Your Destination at Front Desk)	1:30 pm	3:00 pm	Bus
Saturday	23				
Sunday	24				

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Monday	25	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
		“The Great American Songbook with William Bauer Monday Mornings	11:00 am	11:45 am	Zoom
		Finance Committee	2:00 pm		Zoom
Committee Meeting					
Tuesday	26	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
		Wellness Committee	10:00 am		Zoom
		Shopping Trips			
		Lawrenceville: Wegman’s, ShopRite and Trader Joe’s	10:00 am	11:30 am	Bus
		Princeton Shopping Center: McCaffrey's	12:30 pm	1:45 pm	Bus
		Windrows Stitching Group (This activity is Full Please Contact Nancy for Openings)	2:00 pm	3:00 pm	Art Room
		Library Committee	2:00 pm		Zoom
Committee Meeting					
Wednesday	27	Tai Chi Class	9:30 am	10:30 am	Marks Gallery
		Meditation (Please Contact Nina Mishkin)	1:30 pm		
		Wednesday at Windrows: Greg Geehern Presents "The Princeton Festival: World Class Programming in Challenging Times"	3:00 pm	4:00 pm	Zoom
Thursday	28	Mat Yoga	9:30 am	10:30 am	Marks Gallery
		Pool Exercises With Andy Prindl	10:00 am		Pool
		Zoom Special Lecture: Resident Andreas Prindl Presents "The Return of Henry James"	2:00 pm	3:00 pm	Zoom
Special Zoom					

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Friday 29	Chair Exercises With Ed	9:30 am	10:30 am	Marks Gallery
	Forum (Contact Robert Ashbaugh for Zoom Link)	10:00 am	12:00 pm	Zoom
	Shopping Trips:			
	Montgomery: ShopRite	11:00 am	12:30 pm	Bus
	Transportation to CVS, Post Office and Dollar Store in Plainsboro (Please Sign-up With Your Destination at Front Desk)	1:30 pm	3:00 pm	Bus
Saturday 30				
Sunday 31				