



Princeton Windrows

Take-out Dinner Menu Monday, September 20, 2021

ALL ORDERS MUST BE IN BY 3:30 PM (609-514-0708)

Name _____ Delivery _____ or Pick-Up _____ Address _____

Delivery Times Between 4:30 PM and 5:15 PM

Soup

- *Cream of Spinach GF V
- *Manhattan Clam Chowder GF
- * Low Sodium Chicken, Autumn Vegetable, Tomato and Rice GF

Salads

- * Arugula, Croutons, Sunflower Seeds, Blueberries and Feta Cheese Balsamic Vinaigrette GF
- *Chopped Iceberg, Artichoke Hearts, Greek Olives, Tomato and Cucumber Lemon -Herb Vinaigrette GF
- *Caesar Salad, Crispy Croutons and Anchovies

Entrees

Carne Asada Flank Steak Marinated in Cilantro, Olive Oil, Soy Sauce, Orange, Lime Juice Garlic, and Cumin, Served with Peppers, Onions, Radish and Chimichurri on the Side GF

Garlic Sesame Shrimp and Broccoli Large Fried Shrimp with Garlic-Sesame Sauce, Blanched Broccoli and Basmati Rice GF (**Steamed Shrimp Available**)

Greek Stuffed Chicken Breast Tender ABF Airline Chicken Breast, Filled with chopped Sundried Tomato, Artichokes, Cheese and Olives with a Lemon-Cream Sauce GF

Indian Style Vegetarian Chili with Tofu Roasted Tofu, Curry, Chickpeas, Potatoes Cauliflower, Mushrooms and Peas over Jasmine Rice GF V

Sides – Choice of Two

Blanched Broccoli – Steamed Succotash – Sauteed Cabbage, Bok Choy, and Garlic
Steamed Carrots - Brown Rice - Pasta Marinara - Cole Slaw - Potato Salad
Side Salad - Applesauce – Mashed Sweet Potato - Baked Potato

Princeton Windrows Favorites

Classic Caesar Salad

Choice of Grilled Chicken, Poached or Grilled Salmon Romaine Lettuce Grated Parmesan Cheese, Croutons House Caesar Dressing

Grilled Chicken Cobb Salad

Chopped or Composed with Bacon, Blue Cheese, Avocado and Hard-Boiled Egg

Broiled or Blackened Salmon or Tilapia

Grilled Sirloin Burger

Lettuce and Tomato Choice of Cheese Available

Pan-Fried Cheese Blintzes Sour Cream, Fresh Berries

Blackened or Grilled Chicken Breast

Roast Half Chicken

Fried Jumbo Shrimp

Chicken Pot Pie

Desserts

(Choose One)

Carrot Cake

Chocolate Trilogy Cake

Lemon Meringue Pie or No Sugar Apple Pie

Apple Sauce ~ Orange Sherbet ~ Lime Sherbet ~ Gelatin ~ LS Gelatin

Cottage Cheese ~ Chocolate Pudding **GF**

Vanilla Pudding **GF** ~ Rice Pudding **GF** ~ Crème Brulee **GF**

Cookies- Oatmeal Raisin- Chocolate Chip - Smores – Macadamia

Fresh Fruit

Watermelon and Blueberries ~ Apple ~ Orange ~ Pear

Ice Cream

(Choose One)

Chocolate, Vanilla, Strawberry, NS Vanilla or NS Chocolate

Beverages (Choose Two)

Cold

Coke, Diet, Sprite, Diet Sprite, NS Iced Tea Raspberry Tea

Milk, 2% Milk, Skim Milk, Club Soda, Tonic, Grape Juice

Orange Juice, Apple Juice, Cranberry Juice, Pineapple Juice

Tomato Juice, V-8/LS V8 Juice, Prune Juice, Grapefruit Juice

Hot

Coffee, Decaffeinated Coffee, Tea, Decaffeinated Tea

Dinner Rolls

Sesame, Olive, Brioche, Raisin, Baguette

Served with Butter or Olive Oil or Smart Balance (Healthy Butter Spread)

Since Dinner Rolls are assorted, we cannot guarantee your request.